

## MAYFL COACHES GUIDELINES

The mission of the MAYFL is to teach kids the fundamentals of football while teaching the values of sportsmanship, teamwork, and promoting self-esteem and confidence in these young players. We ask that you do your part in ensuring the MAYFL is successful in completing this mission.

A coaches primary responsibility is to prepare their team for MAYFL competition. A MAYFL coach shall create an environment in which proper football techniques, safety and sportsmanship are taught within the rules and guidelines set forth by the MAYFL.

### BEHAVIOR EXPECTATIONS OF MAYFL COACHES

Exemplify the highest moral character, behavior and leadership, adhering to strong ethical and integrity standards.

Respect the integrity and personality of the individual player/child.

Abide by and teach the rules of the game in letter and in spirit.

Set a good example for players and spectators to follow. Please refrain from:

arguments in front of players and spectators.

gestures which indicate an official or opposing coach does not know what they are doing or talking about.

throwing of any object in disgust.

Shake hands with the officials and the opposing coaches before and after the contest in full view of the public.

Respect the integrity and judgment of game officials. The officials are volunteers and are doing their best to help promote MAYFL football. Treating them with respect, even if you disagree with their judgment, will only make a positive impression of you and your team in the eyes of all people at the event.

Display modesty in victory and graciousness in defeat in public. Please confine your remarks to game statistics and to the performance of your team.

Teach sportsmanship and reward your players that are good sports.

Be no part in the use of profanity, obscene language or improper actions.

Abide by the player playing time rules, which have been set by the MAYFL.

Treat all players with the same level of respect.

All coaching staff rules (practice attendance, playing time guidelines, etc) should be consistent for all players.

Coaches must attend mandatory coaches meetings.

Coaches must help with distribution and collection of equipment for your team.

Follow all MAYFL practice guidelines in terms of number and duration of practices.

Three days a week for Preps and 4 days for Juniors/Seniors.

Two-hour maximum practice session for Juniors/Seniors and 1-1/2 hours for Preps.

Ensure players are practicing in safe equipment. It is your responsibility. If new equipment is needed, contact your league division representative or the equipment manager.

Do not leave children unattended after practice.

Scouting of opponent's practices or scrimmages is not allowed.

The use of tobacco products (cigarettes or chew) is not allowed at practices or league events.

Coaches should not use alcohol prior to any league practice, game, or league event.